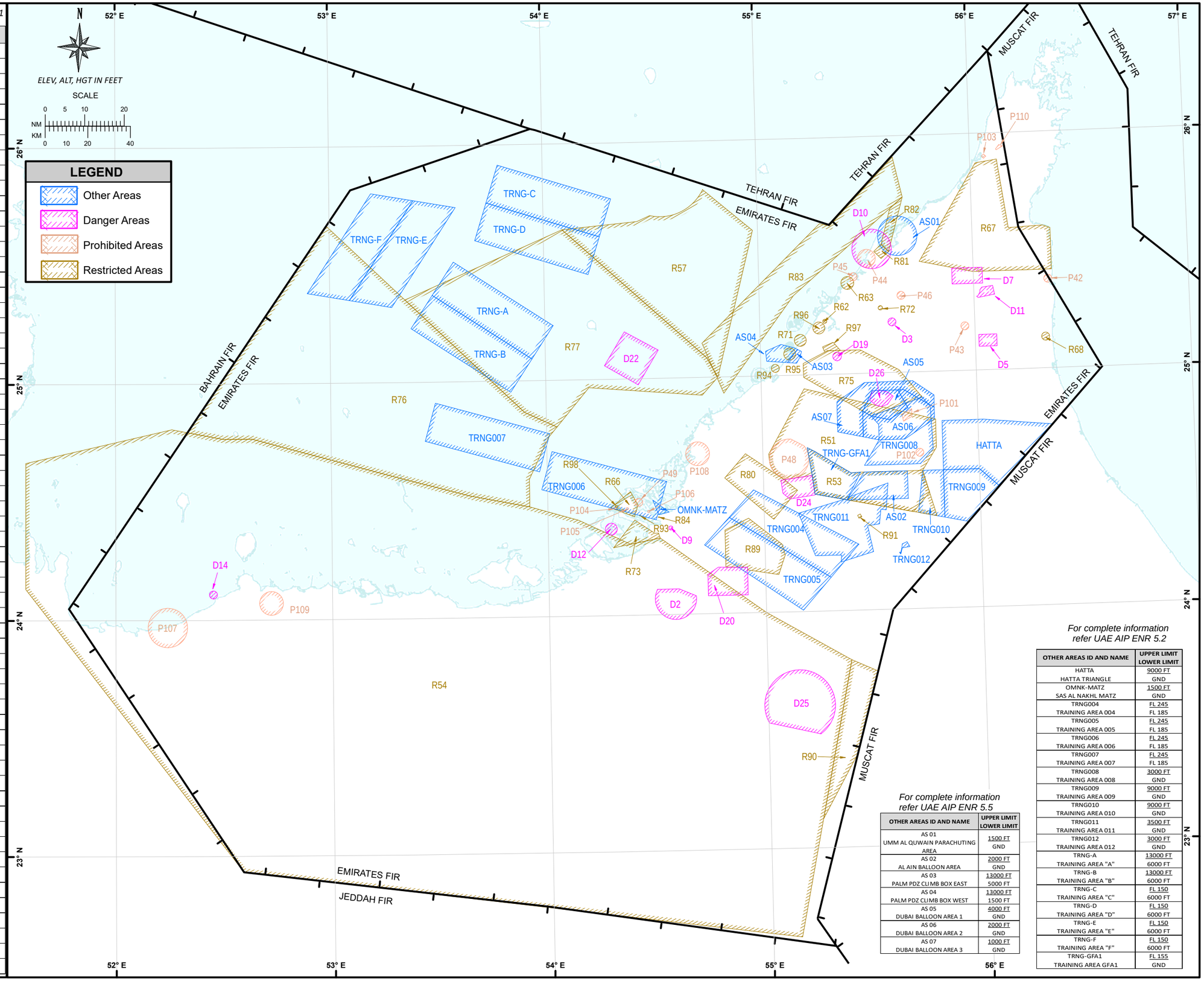
For complete D,P,R Areas information refer UAE AIP ENR 5.1

D,P,R ID AND NAME	UPPER LIMIT LOWER LIMIT
OMP 42 KHOR FAKKAN	2000 FT GND
OMP 43 KHADIRA CAMP	1500 FT GND
OMP 44 HAMRIYA NORTH	1500 FT GND
OMP 45 AJMAN	1500 FT GND
OMP 46 SAJAA	1500 FT GND
OMP 48 ARGOOB	UNL GND
OMP 49 BAHRI	6500 FT GND
OMP 101 AL MAHA	2000 FT GND
OMP 102	2000 FT GND
OMP 103 RAS AL KHAIMAH / THAYA AREA	4000 FT GND
OMP 104	1500 FT GND
OMP 105	1500 FT GND
OMP 106	1500 FT GND
OMP 107 JABEL BARAKKA	5000 FT GND
OMP 108 TAWILAH	FL 220 GND
OMP 109	FL 220 GND
OMP 110 JEBEL JAIS ZIP LINE	6500 FT GND
OMR 51 MINHAD TRAINING AREA	UNL FL 155
OMR 53 MINHAD TRAINING AREA	FL 155 GND
OMR 54 SHAHEEN	UNL GND
OMR 57 DUBAI / OFFSHORE	3500 FT GND
OMR 62 ZABEEL	1500 FT GND
OMR 63 SHARJAH	1500 FT GND
OMR 66 ABU DHABI ISLAND	2000 FT GND
OMR 67 RAS AL KHAIMAH	FL 450 9500 FT
OMR 68 FUJAIRAH	5000 FT GND
OMR 71 BURG AL ARABI	2000 FT GND
OMR 72 AL BODAI	1500 FT GND
OMR 73 BATEEN	2500 FT GND
OMR 75 DUBAI MINHAD MATZ	1500 FT GND
OMR 76 KOPTER ROUTES	4500 FT GND
OMR 77 SIR ABU NAIR	3500 FT GND
OMR 80 SWEIHAN	2000 FT GND
OMR 81 MILITARY ACTIVITY AREA ONE	1500 FT GND
OMR 82 MILITARY ACTIVITY AREA TWO	1500 FT 1000 FT
OMR 83 MILITARY ACTIVITY AREA THREE	1500 FT 1000 FT
OMR 84 ADNOC GAS FACILITY	800 FT GND
OMR 89 GAZELLE N	1000 FT GND
OMR 90 BURAIMI SOUTH	FL 185 2000 FT
OMR 91 BIRD SENSITIVE AREA	3000 FT GND
OMR 93 AL BATEEN	500 FT GND
OMR 94 JEBEL ALI	1000 FT GND
OMR 95 MINA SEYAHI	5000 FT GND
OMR 96 BURJ KHALIFA	4000 FT GND
OMR 97 NAD AL SHEBA AREA	1500 FT GND
OMR 98 EMIRATES PALACE HOTEL	1500 FT GND
OMD 2 ABU DHABI / AL DHAFRA RANGE	UNL GND
OMD 3 BIL KHABI	2000 FT GND
OMD 5 WADI SHAWKAH	7500 FT GND
OMD 7 FALAJ AL MUALLA	2000 FT GND
OMD 9 ABU DHABI / MAHAWI	400 FT GND
OMD 10 AJMAN / TRAINING AREA	1500 FT GND
OMD 11 GOLF / MANAMA	1000 FT GND
OMD 12 FUTAYSI	1500 FT GND
OMD 14 ABU DHABI / SHUWAYHAT	1000 FT GND
OMD 19 RUWAYYAH	2000 FT GND
OMD 20 TAWI MUSHAYRIF	10000 FT GND
OMD 22 SEA RANGE CHARLIE	FL 400 GND
OMD 24 BARGAT AL HAGAT	FL 220 GND
OMD 25 AL-THOGABAH	12000 FT GND
OMD 26 DUBAI / URQUB DHAREE	13000 FT GND



For complete information refer UAE AIP ENR 5.2

OTHER AREAS ID AND NAME	UPPER LIMIT LOWER LIMIT
HATTA HATTA TRIANGLE	9000 FT GND
OMNK-MATZ SAS AL NAKHL MATZ	1500 FT GND
TRNG004 TRAINING AREA 004	FL 245 FL 185
TRNG005 TRAINING AREA 005	FL 245 FL 185
TRNG006 TRAINING AREA 006	FL 245 FL 185
TRNG007 TRAINING AREA 007	FL 245 FL 185
TRNG008 TRAINING AREA 008	3000 FT GND
TRNG009 TRAINING AREA 009	9000 FT GND
TRNG010 TRAINING AREA 010	9000 FT GND
TRNG011 TRAINING AREA 011	3500 FT GND
TRNG012 TRAINING AREA 012	3000 FT GND
TRNG-A TRAINING AREA "A"	13000 FT 6000 FT
TRNG-B TRAINING AREA "B"	13000 FT 6000 FT
TRNG-C TRAINING AREA "C"	FL 150 6000 FT
TRNG-D TRAINING AREA "D"	FL 150 6000 FT
TRNG-E TRAINING AREA "E"	FL 150 6000 FT
TRNG-F TRAINING AREA "F"	FL 150 6000 FT
TRNG-GFA1 TRAINING AREA GFA1	FL 155 GND

For complete information refer UAE AIP ENR 5.5

OTHER AREAS ID AND NAME	UPPER LIMIT LOWER LIMIT
AS 01 UMM AL QUWAIN PARACHUTING AREA	1500 FT GND
AS 02 AL AIN BALLOON AREA	2000 FT GND
AS 03 PALM PDZ CLIMB BOX EAST	13000 FT 5000 FT
AS 04 PALM PDZ CLIMB BOX WEST	13000 FT 1500 FT
AS 05 DUBAI BALLOON AREA 1	4000 FT GND
AS 06 DUBAI BALLOON AREA 2	2000 FT GND
AS 07 DUBAI BALLOON AREA 3	1000 FT GND

CHNAGES: Added TRNG-GFA1.